

Faculty of social and human sciences

Instructor: Ms. Dehamcha Samira

Module: English

3rd year LMD

Cultural competence in social work practice:

To start off we have to ask the following question:

➤ **What is cultural competence?**

- Cultural competence: involves effectively interacting with people from different cultural backgrounds, and adapting their beliefs and behaviours.

Knowing enough about other cultures, especially in social work, makes individuals more open and welcoming to deal with differences. In addition to that, it allows them to become more professional and understanding towards the nature of their clients. Here are some keys and tips on how to elevate one's cultural competences:

Key concepts of cultural competence in social work

- A. Cultural awareness: recognize personal predispositions and understand cultural influences.
- B. Cultural knowledge: learn about diverse cultural backgrounds and their impact.
- C. Cultural respect: value cultural diversity and treat clients with dignity.
- D. Cultural adaptability: tailor interventions to meet clients' cultural needs.
- E. Empowerment: support clients in expressing their cultural identities and strengths.

Practical tips:

- ❖ Attend cultural competency trainings.

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- ❖ Seek supervision and consultation to process cultural dynamics and challenges in practice
- ❖ Build rapport with clients by respecting their cultural backgrounds
- ❖ Promote policies and practices that are culturally sensitive and responsive.