

Faculty of social and human sciences

Instructor: Ms. Dehamcha Samira

Module: English

3rd year LMD

Human development theories:

Introduction:

Human development theories can be defined as a set of theories that were found to define the ideas and concepts that psychologists and researchers in general use to understand the change that any human go through. These theories also explains why people behave in a certain way.

Human development theories:

Psychoanalytic theory:

This theory way found by Sigmund Freud. Freud here explains that personality develops through stages such as oral, anal, phallic, latency, and genital.

Cognitive development theory:

This theory was found by Jean Piaget. It says that people learn by fitting new things into what they already know and by changing what they know to fit new things.

Behavioural theory:

This theory was found by Skinner. The idea of this theory is that we learn behaviors through the good or the bad things that happen afterward.

Social learning theory:

This theory was found by Albert Bandura. Bandura reinforced the behavioural theory and emphasized the role of observation and limitation in learning.

Ecological systems theory:

This theory was found by Urie Bronfenbrenner. It emphasizes the influence of various environmental systems on development.

Attachment theory:

This theory was found by John Bowlby. This theory highlights how early attachments influence emotional growth and shape relationships over time.

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Socioemotional selectivity theory:

This theory was found by Laura Carstensen.

This theory explains that the more we grow, they become more selective in their social relationships, prioritizing emotional satisfaction and meaningful connections over quantity.